

GENERAL PACKING LIST

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This comprehensive list serves as a prompt to help you pack. You will **not need** everything on this list. Please use in conjunction with the 'Important Tour Information' document for your tour.

Documents, ID and Currency	 Passport, visa, and ID, as appropriate WGT boarding pass and luggage tag Cruise boarding pass and luggage tag Travel and medical insurance information Cash and credit/ATM cards 	Toiletries	 □ Toothbrush/toothpaste/dental floss □ Shampoo/conditioner □ Soap/shower-gel and/or face cleanse □ Shaving supplies □ Sanitary protection □ Deodorant
Luggage	SuitcaseBackpack and/or purseMoney belt		 Contact lenses and solution Lip balm Moisturizer and makeup Nail clippers and tweezers
Clothing and Accessories	 □ Underwear and socks □ Compression socks □ Undershirts/bras □ Sleepwear □ Pants/trousers/jeans □ T-shirts □ Long sleeved shirts/warm layers □ Shirts/blouses □ Shorts/skirts/dress □ Semi-formal outfit, as needed □ Sweater or fleece □ Wind and waterproof jacket □ Bathing suit and cover up □ Sunglasses and hat □ Belt □ Gloves and scarf □ Umbrella 	Health and Medical	 □ KN95 or N95 face masks □ Hand sanitizer and/or wipes □ Hearing aids and batteries and/or charger □ CPAP machine □ Earplugs/eye mask □ Reusable water bottle □ Sunscreen □ Insect repellent □ Tissues □ Medication, as required □ Bandages and first-aid ointment □ Pain killers, diarrhea relief, and laxatives □ Cold and sinus relief □ Throat lozenges □ Motion sickness medication □
Footwear Gadgets	 □ Comfortable, waterproof, and sturdy footwear (hiking/walking shoes) □ Sandals □ Flip-flops or poolside shoes (non-slip) □ Camera, charger, and batteries □ Cell phone and chargers □ Lapton (tablet and chargers 	Other	 Large zip-top bag for wet clothes Laundry kit (liquid eco soap and hefty zip-top bag works well), as needed Collapsible walking poles/stick Book, notebook and pen, etc.
	 □ Laptop/tablet and charger □ Plug adapter and voltage converter (click here for more info on types) □ Earbuds/headphones □ Travel alarm clock (or smart phone) □ Flashlight (cell phone may have one) □ Binoculars 		